



WINTER FY 2023 Food Allergen Guide

WE CANNOT GUARANTEE THAT ANY OF OUR PRODUCTS ARE FREE FROM ALLERGENS (INCLUDING MILK/DAIRY, EGGS, SOYA, NUTS, PEANUTS, GLUTEN AND OTHERS) AS WE USE SHARED EQUIPMENT TO STORE, PREPARE AND SERVE THEM! SOME INGREDIENTS MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT. **All of our products may contain traces of all allergens.**

For all packaged foods including impulse items please refer to the package label for allergen information.

✓ : Allergen present in the product

Product Name	Cereals containing Gluten						Milk	Eggs	Soya	Nuts								S02 & Sulphites >10ppm	Sesame Seeds	Peanuts	Mustard	Celery	Lupins	Crustaceans	Molluscs	Fish	
	Wheat	Rye	Barley	Oats	Spelt	Khorasan Wheat				Almonds	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brasil Nuts	Pistachio Nuts	Macadamia Nuts										
Pastries																											
Croissants precooked	✓						✓	✓																			
Croissant baked in store	✓						✓	✓																			
Chocolate Twist	✓						✓	✓	✓																		
Raisin Roll baked in store	✓						✓	✓																			
Sweet Buns/Breads																											
Brioche	✓						✓	✓																			
Trio of Pancakes	✓						✓	✓																			
Waffle	✓						✓	✓	✓																		
Mapel Pecan Roll precooked	✓						✓	✓							✓												
Mapel Pecan Roll baked in store	✓						✓	✓							✓												
Cinnamon Roll backed in store	✓						✓																				
Cinnamon Roll precooked	✓						✓	✓	✓																		
Traybakes																											
Cookies & Cream Brownie	✓						✓	✓	✓	✓																	
Chocolate Brownie	✓						✓	✓	✓																		
Shortbread Millionnaire	✓						✓		✓																		
Precooked Cookies																											
Chocolate Chip Cookie	✓						✓	✓	✓																		
Double Chocolate Cookie	✓						✓	✓	✓																		
White & Cranberries Cookie	✓						✓	✓	✓																		
White & Macadamia Cookie	✓						✓	✓	✓									✓									
Hazelnut spread chocolate chip cookie	✓						✓	✓	✓			✓															
Baked in store cookies																											
Chocolate Chunk Cookie	✓						✓	✓	✓																		
Double Chocolate Cookie	✓						✓	✓	✓																		
White Macadamia Cookie	✓						✓	✓	✓									✓									
Hazelnut spread chocolate chip cookie	✓						✓	✓	✓			✓															
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	Wheat	Rye	Barley	Oats	Spelt	Khorasan Wheat				Almonds	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brasil Nuts	Pistachio Nuts	Macadamia Nuts										
Muffins																											
Blueberry Muffin	✓						✓	✓																			
Chocolate Hazelnut Muffin	✓						✓	✓	✓				✓														
Double Chocolate Muffin	✓						✓	✓	✓																		
Chocolate Chunk Muffin	✓						✓	✓	✓																		

[illegible]

