

## **WINTER FY 2023 Food Allergen Guide**

WE CANNOT GUARANTEE THAT ANY OF OUR PRODUCTS ARE FREE FROM ALLERGENS (INCLUDING MILK/DAIRY, EGGS, SOYA, NUTS, PEANUTS, GLUTEN AND OTHERS) AS WE USE SHARED EQUIPMENT TO STORE, PREPARE AND SERVE THEM! SOME INGREDIENTS MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT. All of our products may contain traces of all allergens.

For all packaged foods including impulse items please refer to the package label for allergen information.

## ✓: Allergen present in the product

		Cereals containing Gluten								Nuts								es	ş					_	1 1		
Product Name	Wheat	Rye	Barley	Oats	Spelt	Khorasan Wheat	Milk	Eggs	Soya	ggs Soya	Almonds	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brasil Nuts	Pistachio Nuts	Macadamia Nuts	S02 & Sulphites >10ppm	Sesame Seeds	Peanuts	Mustard	Celery	Lupins	Crustaceans	Molluscs	Fish
Pastries																											
Croissants precooked	<b>√</b>						<b>4</b>	<b>✓</b>																			
Croissant baked in store	✓						1	1																			
Chocolate Twist	<b>1</b>						1	1	✓																		
Raisin Roll baked in store	1 1						✓	✓																			
Sweet Buns/Breads																											
Brioche	✓						✓	1																			
Trio of Pancakes	✓.						1	1																			
Waffle	1						✓	1	<b>/</b>																<u>'</u>		
Mapel Pecan Roll precooked	✓						1	✓						1													
Mapel Pecan Roll baked in store	✓						1	1						1													
Cinnamon Roll backed in store	✓						✓																				
Cinnamon Roll precooked	✓						1	1	✓																		
Traybakes																											
Cookies & Cream Brownie	✓						<b>*</b>	1	1	1																	
Chocolate Brownie	✓						✓	✓	1																1		
Shortbread Millionnaire	✓						✓		1																		
										ooked (	Cookies																
Chocolate Chip Cookie	<b>/</b>						<b>*</b>	<b>/</b>	<b>V</b>																<b></b>		
Double Chocolate Cookie	<b>/</b>				-		✓	<b>√</b>	<b>1</b>																	-	
White & Cranberries Cookie White & Macadamia Cookie	<b>✓</b>				-		<b>√</b>	<b>√</b>	1								1									$\vdash$	
					-						_						-									-	
Hazelnut spread chocolate chip cookie																											
Chocolate Chunk Cookie	T 🗸				Т			<b>-</b>	<b>✓</b>																		
Double Chocolate Cookie	1						1	1	1																		
White Macadamia Cookie	<b>✓</b>						✓	✓	<b>1</b>								✓										
Hazelnut spread chocolate chip cookie	✓						✓	✓	<b>✓</b>		<b>✓</b>																
	1	Cerea	als cont	aining (	Gluten			ı	1				Nı	ıts					Iω								
		1															- C	s -	ğ	"	_			sus	s		
Product Name	Wheat	Rye	Barley	Oats	Spelt	Khorasan Wheat	Milk	Eggs	Soya	Almonds	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brasil Nuts	Pistachio Nuts	Macadamia Nuts	S02 & Sulphites >10ppm	Sesame Seeds	Peanuts	Mustard	Celery	Lupins	Crustaceans	Molluscs	Fish	
										Muffin	s																
Blueberry Muffin	<b>1</b>						✓	<b>✓</b>																			
Chocolate Hazelnut Muffin	<b>V</b>						<b>√</b>	<b>✓</b>	<b>V</b>		1																
Double Chocolate Muffin	<b>/</b>				1		1	1	1																	igspace	
Chocolate Chunk Muffin	<b>✓</b>						1	✓	✓																		

Red Velvet Muffin	✓			<b>1</b>	<b>✓</b>	✓													
Donuts																			
Cristal Donut	<b>1</b>			<b>✓</b>		✓													
White Donut	✓			<b>√</b>		✓													
Strawberry Donut	✓			✓		✓													
Dark Donut	✓			<b>√</b>		✓													
Sugar Donut Croissant	✓																		
Dark Donut Croissant	✓			✓		✓													
Cocoa filled & iced donut	✓			<b>√</b>		✓		1											
Cakes																			
Banana Bread	✓			1	✓				1										
Carrot Loaf Cake	✓ /			<b>✓</b>	<b>✓</b>														
Lemon Loaf Cake	<b>✓</b>			1	1														
Marble hazelnut loaf cake	✓			<b>√</b>	<b>√</b>	1	1												
						Ro	ound Ca	akes											
Cookies & Cream Cake				/	1	1													
Raspberry Cheesecake	✓ /	1		7	<b>✓</b>	1													
Caramel Cheesecake																			
Chocolate Lover Cake	<b>✓</b>			<b>√</b>	<b>✓</b>	1													
Apple Pecan Pie	✓			<b>√</b>	✓					✓									